

Brooke, Ally, Kate, Nasir, Jess and Lizi Present:

Long-Distance Relationships: How Covid-19 is Impacting Family

Abstract:

- Observed an increased dependency on technological means as a mode of communication with family members due to the pandemic
- Explored how travel restrictions and physical distancing measures impacted quality of long-distance relationships
- Large majority reported experiencing less or similar amounts of connectivity

Method:

- Five questions devised: mix of quantitative and qualitative
- Approaches achieve measurable data and deep analysis
- Distributed to students in HDFS333-010
- Focus on relationships with extended family and the impact of COVID-19
- All answers kept confidential

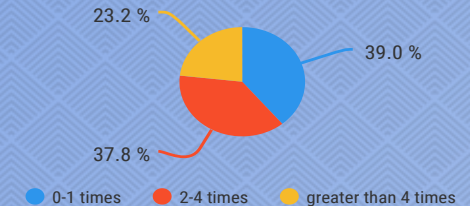
Results:

- Under normal circumstances, 39% of participants visit their long distance family members 0-1 times per year, 37.8% visit them 2-4 times per year, and 23.2% visit them greater than 4 times per year
- Since COVID-19, 76.8% visit their long distance family members 0-1 times, 22% visit them 2-4 times, and 1.2% have visited greater than 4 times
- Shows a 37.8% increase in people who have visited their long distance family members 0-1 times since COVID-19
- 41.5% of people feel less connected to their long distance family members or they feel that their relationship isn't the same
- 26.8% reported feeling more connected and 59% of those people have mentioned technology being helpful in feeling more close with those family members
- 31.7% of people reported having no change in connectedness with long distance family members

Conclusion:

- Initially thought relationships between students and their long distance family members would have significantly changed due to Covid-19
- Chosen research population was a total of eighty-two college students at the University of Delaware
- Results of our survey show that a good amount of students felt either less connected or had no change in connection with their long distance family members due to the pandemic
- Social media and technology played a role in connectivity between students and family

Percentages of how often students, under normal circumstances, visited long distance family in a year



Percentages of how often students visited long distance family since Covid-19

